

Hello, Baby! Good-Bye, Baby Fat! By M.D., Sheldon, Levine

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i'm saying goodbye to diets and hello to pasta, bread, avocado and - I'm Saying Goodbye to Diets and Hello to Pasta, Bread, Avocado My internal logic seemed to be that since I was fat, I might as well eat whatever I want. My fiance and I took the baby on a 3-mile walk, and around 10:00 am

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